

ashrae life expectancy chart Textbook

ashrae life expectancy chart is an essential reference tool for HVAC professionals, facility managers, and building owners aiming to optimize the performance and longevity of their heating, ventilation, and air conditioning systems. Understanding the typical lifespan of various HVAC components, as outlined in the ASHRAE (American Society of Heating, Refrigerating and Air-Conditioning Engineers) life expectancy chart, helps in planning maintenance, budgeting for replacements, and ensuring energy efficiency. This article provides a comprehensive overview of the ASHRAE life expectancy chart, its significance, factors influencing component lifespan, and practical applications.

Understanding the ASHRAE Life Expectancy Chart

What is the ASHRAE Life Expectancy Chart?

The ASHRAE life expectancy chart is a guideline developed based on industry research, field data, and expert consensus that estimates the typical lifespan of various HVAC system components. It serves as a benchmark for professionals to predict when parts may need replacement or maintenance, thereby minimizing unexpected failures and optimizing system performance.

Purpose and Benefits of Using the Chart

Using the ASHRAE life expectancy chart offers multiple advantages:

- Enhanced Maintenance Planning: Schedule proactive inspections and replacements.
- Cost Management: Allocate budget effectively for future replacements.
- Energy Efficiency: Maintain systems in optimal condition to reduce energy consumption.
- System Reliability: Minimize downtime and prevent costly system failures.

Typical Lifespan of HVAC Components According to ASHRAE

Major HVAC System Components

The ASHRAE chart categorizes components into several key areas, each with its estimated lifespan:

- Air Handling Units (AHUs)
- Chillers

- Boilers
- Cooling Towers
- Furnaces and Heating Equipment
- Filters and Air Cleaners
- Thermostats and Control Systems
- Refrigerant Piping and Ductwork

Estimated Lifespans of Key Components

While actual lifespans can vary based on usage, maintenance, and environmental conditions, the following are typical estimates from the ASHRAE chart:

Air Handling Units (AHUs) 15-20 years Chillers (Air-cooled and Water-cooled) 15-20 years
Boilers 20-30 years Cooling Towers 15-25 years Furnaces and Heating Equipment 15-30 years
Filters and Air Cleaners 6 months to 2 years (depending on type and usage) Thermostats and Control Systems 10-15 years
Refrigerant Piping and Ductwork 20-25 years

Factors Influencing HVAC Component Longevity

Understanding the factors that impact the lifespan of HVAC components is crucial for effective maintenance and replacement strategies.

Maintenance Practices

Regular maintenance significantly extends the lifespan of HVAC equipment. Scheduled inspections, cleaning, lubrication, and timely repairs prevent deterioration and early failures.

Operational Conditions

Components subjected to extreme temperatures, high humidity, or corrosive environments tend to wear out faster. Proper system design and environmental controls can mitigate these effects.

Usage Intensity

High usage frequency accelerates component wear. Facilities with continuous operation may need more frequent replacements or upgrades.

Quality of Equipment

Investing in high-quality, reputable brands often results in longer-lasting systems due to superior materials and manufacturing standards.

Technological Advances

Modern HVAC systems with advanced materials or design improvements may have extended life expectancies compared to older models.

Practical Applications of the ASHRAE Life Expectancy Chart

Maintenance Scheduling

Facility managers use the chart to plan routine inspections and preventive maintenance. Knowing the typical lifespan helps prioritize tasks to prevent unexpected failures.

Budgeting and Capital Planning

Understanding when components are nearing the end of their expected life allows for strategic budgeting, avoiding emergency replacements, and spreading costs over time.

System Replacement Planning

The chart aids in making informed decisions about system upgrades or replacements, ensuring minimal disruption and optimal performance.

Energy Efficiency Optimization

Replacing aging components with newer, more efficient models can lead to significant energy savings and compliance with environmental standards.

Limitations and Considerations

While the ASHRAE life expectancy chart provides valuable estimates, it's essential to recognize its limitations:

- Variability in Conditions: Actual lifespan can vary based on operational and environmental factors.
- Maintenance Quality: Poor maintenance can significantly reduce component longevity.
- Technological Changes: Newer systems may have longer lifespans due to advancements.
- Manufacturer Differences: Quality and design standards differ across brands.

Facility managers should use the chart as a guideline rather than a strict rule, and combine it with their system-specific data and maintenance records for best results.

Conclusion

The **ASHRAE life expectancy chart** is a vital resource in the HVAC industry, guiding professionals in maintaining efficient, reliable, and cost-effective systems. By understanding the typical lifespan of various components, acknowledging factors that influence durability, and applying this knowledge to maintenance and budgeting, stakeholders can ensure their HVAC systems perform optimally throughout their operational life. Regularly consult the ASHRAE chart, stay updated on technological advancements, and implement proactive maintenance strategies to maximize the lifespan and efficiency of your HVAC infrastructure.

ASHRAE Life Expectancy Chart: An In-Depth Review

Understanding the longevity of heating, ventilation, and air conditioning (HVAC) systems is crucial for building owners, facility managers, and HVAC professionals alike. The ASHRAE Life Expectancy Chart serves as a vital reference tool, providing standardized data on how long various HVAC components are expected to last under typical conditions. This comprehensive guide delves into the significance of the ASHRAE life expectancy chart, its components, how it is utilized, and its advantages and limitations.

Introduction to the ASHRAE Life Expectancy Chart

The American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) is a globally recognized organization dedicated to advancing HVAC&R systems' technology and standards. Among its many resources, the ASHRAE Life Expectancy Chart is a critical document that offers estimated lifespans for different HVAC components based on industry data, research, and real-world practice.

This chart aids in planning maintenance schedules, budgeting for replacements, and making informed decisions during system design and upgrades. It consolidates data into a user-friendly format, enabling stakeholders to anticipate component performance and optimize their investments.

Key Features of the ASHRAE Life Expectancy Chart

1. Component Categorization

The chart classifies HVAC components into categories such as:

- Air Handling Units (AHUs)
- Chillers
- Boilers
- Ductwork
- Fans and Blowers

- Filters and Coils
- Controls and Sensors

Each category is further subdivided based on specific models or types, allowing for detailed analysis.

2. Estimated Lifespan Data

For each component, the chart provides an estimated lifespan, usually expressed in years. These estimates are derived from industry surveys, maintenance records, and expert consensus. For example:

- Air Handling Units: 15-20 years
- Chillers: 15-25 years
- Ductwork: 20-30 years
- Filters: 1-3 years (depending on use)

3. Factors Influencing Life Expectancy

The chart often includes notes or annotations highlighting factors that can extend or reduce component lifespan, such as:

- Maintenance quality
- Operating environment (corrosion, humidity)
- Usage patterns
- System design and quality

How the ASHRAE Life Expectancy Chart is Used

1. Maintenance Planning and Scheduling

Knowing the typical lifespan of components enables proactive maintenance, reducing unexpected failures and optimizing system performance.

2. Budgeting and Capital Planning

Forecasting replacement costs based on expected component lifespans helps in financial planning and ensures funds are allocated appropriately.

3. System Design and Upgrades

Designers can select components with longer projected lifespans or plan for phased upgrades aligned with expected replacement cycles.

4. Asset Management

Facility managers use the chart to maintain an accurate inventory of aging systems, prioritize replacements, and extend equipment life through preventive measures.

Advantages of the ASHRAE Life Expectancy Chart

- **Standardized Data:** Provides a consistent reference point for industry professionals.
- **Informed Decision-Making:** Facilitates better planning for maintenance, replacements, and system upgrades.
- **Cost Savings:** Helps avoid premature replacements and reduce downtime.
- **Enhanced System Reliability:** Supports proactive maintenance schedules, improving overall system performance.
- **Educational Value:** Serves as a training tool for new professionals and students in the HVAC industry.

Limitations and Considerations

While the ASHRAE Life Expectancy Chart is a valuable resource, it is important to recognize its limitations:

- **Generalized Data:** The estimates are averages and may not reflect specific conditions or unique system configurations.
- **Environmental Factors:** Extreme conditions like corrosive environments or high humidity can significantly shorten component lifespan.
- **Maintenance Variability:** Poor maintenance practices can reduce lifespan well below the estimates.
- **Technological Advances:** Newer, more durable components may outperform the typical lifespan projections.
- **Usage Intensity:** Heavy usage accelerates wear and tear, impacting actual lifespan.

Interpreting the Chart: Practical Tips

- Combine with Maintenance Records: Use the chart alongside actual maintenance logs to get a more accurate picture of component health.
- Consider Environmental Conditions: Adjust expectations based on the specific environment where the system operates.
- Plan for Contingencies: Always allocate budget and resources beyond the estimated lifespan to account for unforeseen issues.
- Stay Updated: Refer to the latest ASHRAE publications and industry data, as estimates can evolve with new research.

Conclusion

The ASHRAE Life Expectancy Chart is an essential tool for anyone involved in designing, maintaining, or managing HVAC systems. Its standardized estimates provide a foundation for strategic planning, cost management, and system reliability. While it offers valuable insights, users should always consider site-specific factors and maintenance practices to accurately assess the lifespan of their equipment.

In an industry where system performance directly impacts occupant comfort, energy efficiency, and operational costs, leveraging resources like the ASHRAE chart can make a significant difference. By understanding the typical lifespans of various components and planning accordingly, professionals can ensure their HVAC systems operate optimally throughout their service life, ultimately leading to more sustainable and cost-effective building management.

Final Thoughts

Continual advancements in HVAC technology and materials are likely to influence future lifespan estimates. Therefore, staying informed through ASHRAE publications, industry conferences, and ongoing research is vital. The life expectancy chart is not just a static document but a dynamic tool that, when used effectively, can help extend the life and enhance the performance of HVAC systems for years to come.

Question What is the purpose of the ASHRAE life expectancy chart? The ASHRAE life expectancy chart helps estimate the typical lifespan of HVAC components and building systems, aiding in maintenance planning and replacement scheduling. How accurate is the ASHRAE life expectancy chart for modern HVAC systems? While it provides a general guideline, the accuracy depends on factors like usage, maintenance, and environmental conditions; regular assessments are recommended for precise planning. Which HVAC components are covered in the ASHRAE life expectancy chart? The chart generally includes components such as chillers, boilers, air handlers, heat pumps, and ventilation systems. How can building managers utilize the ASHRAE life expectancy chart? Managers can use the chart to schedule preventative maintenance, plan replacements, and optimize system performance over time. Does the ASHRAE chart consider

advances in HVAC technology? The chart is based on historical data and standard practices; updates are periodically made, but it may not fully reflect recent technological innovations. What factors can influence the actual lifespan of HVAC equipment beyond the ASHRAE estimates? Factors such as maintenance quality, operating environment, system usage, and installation quality can significantly impact actual equipment lifespan. Can the ASHRAE life expectancy chart be customized for specific building types? While the chart provides general estimates, professional assessments can tailor lifespan expectations based on building-specific conditions and usage patterns. Where can I access the official ASHRAE life expectancy chart? The chart is available through ASHRAE publications, technical manuals, and their official website for members and industry professionals. How often should building owners review the ASHRAE life expectancy data? It's advisable to review and update this data during regular maintenance cycles or when planning major upgrades, typically every 3-5 years.

Related keywords: ASHRAE, life expectancy, HVAC systems, building efficiency, equipment lifespan, ASHRAE standards, maintenance schedule, HVAC lifecycle, building sustainability, equipment durability

ASHRAE 55 2010 PDF

ashrae 55 2010 pdf is a widely referenced document in the fields of HVAC (Heating, Ventilation, and Air Conditioning) design and building comfort standards. As building professionals and engineers seek to optimize indoor environments for occupant comfort and energy efficiency, understanding the guidelines laid out in ASHRAE Standard 55-2010 becomes essential. This comprehensive article provides an in-depth overview of the standard, its significance, key provisions, and how to access and utilize the *ashrae 55 2010 pdf* for practical applications.

Understanding ASHRAE Standard 55-2010

What is ASHRAE 55-2010?

ASHRAE Standard 55-2010, titled "Thermal Environmental Conditions for Human Occupancy," is a standard developed by the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE). Its primary goal is to specify the conditions necessary to achieve acceptable thermal comfort for occupants in indoor environments.

Published in 2010, this version of the standard provides guidelines on indoor temperature, humidity, air velocity, and radiant temperature, offering a framework to design and evaluate thermal environments in various types of buildings, including offices, residential spaces, healthcare facilities,

and public buildings.

The Importance of ASHRAE 55-2010

In the realm of building design, occupant comfort isn't just a matter of convenience but also influences productivity, health, and overall well-being. The *ashrae 55 2010 pdf* provides a scientifically-backed set of parameters that help engineers and architects:

- Design HVAC systems that meet comfort criteria
- Ensure energy-efficient operation
- Comply with building codes and standards
- Enhance occupant satisfaction and productivity

Moreover, the 2010 edition reflects the latest research and consensus on thermal comfort, making it a vital resource for professionals aiming to meet contemporary standards.

Core Components of ASHRAE 55-2010

Thermal Comfort Parameters

The standard specifies several key parameters that influence thermal comfort:

- **Temperature:** The operative temperature, which considers air temperature and radiant temperature, should typically range between 20°C (68°F) and 24°C (75°F).
- **Humidity:** Relative humidity levels are recommended to be between 30% and 60% to prevent discomfort and health issues.
- **Air Velocity:** Air movement should be maintained at levels that do not cause drafts or discomfort, generally below 0.2 m/s (39 ft/min).
- **Radiant Temperature:** The temperature of surrounding surfaces should be within a range that prevents discomfort caused by uneven radiant heat exchange.

Adaptive Comfort Model

The 2010 standard incorporates the adaptive comfort model, recognizing that occupant comfort can vary based on outdoor conditions and occupant expectations. It adjusts comfort criteria dynamically, allowing for more flexible indoor environments in naturally ventilated or mixed-mode buildings.

Environmental Conditions and Occupant Factors

The standard considers factors such as clothing insulation levels and activity levels, which influence thermal comfort. For example:

- Light activity (seated, office work): clothing insulation of 0.5 to 0.7 clo
- Moderate activity (standing, walking): clothing insulation of 0.7 to 1.0 clo

This ensures that the comfort criteria are tailored to specific building uses and occupant behaviors.

Accessing the ASHRAE 55-2010 PDF

Where to Find the Standard PDF

The official ASHRAE 55-2010 standard PDF can be purchased directly from the ASHRAE website or authorized distributors. It's crucial to acquire the official document to ensure compliance with licensing and to access the most accurate and updated version.

Sources include:

- [ASHRAE Official Store](<https://www.ashrae.org/>)
- Authorized third-party vendors and bookstores

How to Use the PDF Effectively

Once obtained, the PDF serves as a comprehensive guide for various stakeholders:

- Designers and Engineers: Use it to set design parameters for HVAC systems.
- Facility Managers: Apply the criteria to assess and maintain indoor comfort.
- Researchers: Reference the standard for academic and industry studies.

To maximize its utility:

- Familiarize yourself with the table of contents and key sections.
- Use bookmarks or annotations for quick referencing.
- Cross-reference with other standards and codes as needed.

Implementing ASHRAE 55-2010 in Building Design

Design Process Integration

Incorporating the *ashrae 55 2010 pdf* into the design process involves:

- Assessing Occupant Needs: Identify building type, occupancy patterns, and activity levels.
- Setting Environmental Targets: Based on the standard's parameters, define acceptable ranges.
- Modeling and Simulation: Use building simulation tools to predict indoor conditions.
- HVAC System Design: Select equipment and controls that maintain conditions within specified limits.
- Commissioning and Verification: Measure actual indoor environments and compare against standards.

Challenges and Considerations

While the standard provides clear guidelines, practical challenges may include:

- Variability in occupant preferences
- External weather conditions
- Building envelope performance
- Energy consumption constraints

Designers should balance comfort with energy efficiency, sometimes employing adaptive strategies like operable windows or zone-specific controls.

Benefits of Adhering to ASHRAE 55-2010

- Enhanced Occupant Comfort: Meeting the standard helps create environments where occupants feel comfortable and productive.
- Regulatory Compliance: Many building codes reference ASHRAE standards, making adherence essential.
- Energy Efficiency: Properly designed systems based on the standard can optimize energy use without sacrificing comfort.
- Market Competitiveness: Buildings that meet recognized standards are more attractive to tenants and buyers.

Conclusion

The *ashrae 55 2010 pdf* is a vital resource that encapsulates the best practices in achieving thermal

comfort in indoor environments. By understanding its core principles and integrating them into design and operational strategies, building professionals can create healthier, more comfortable, and energy-efficient spaces. Accessing the PDF through official channels ensures you work with the most accurate and authoritative information, facilitating compliance and excellence in HVAC and building design.

For those involved in the design, operation, or research of indoor environments, familiarity with ASHRAE 55-2010 is indispensable. Whether you're developing new projects or optimizing existing facilities, this standard provides the foundation for creating spaces that support occupant well-being and sustainability goals.

ASHRAE 55-2010 PDF: A Comprehensive Review of the Standard's Guidelines and Implications

The ASHRAE 55-2010 PDF document is a foundational standard that guides the design and assessment of thermal comfort in indoor environments. As a vital reference in the field of HVAC and building design, this standard provides detailed criteria to ensure occupant well-being, productivity, and comfort. This article aims to explore the key aspects of the ASHRAE 55-2010, examining its scope, main provisions, strengths, limitations, and practical applications. Whether you are an engineer, architect, or building manager, understanding this standard is crucial for implementing effective indoor climate strategies.

Introduction to ASHRAE 55-2010

Overview of the Standard

ASHRAE Standard 55-2010, titled "Thermal Environmental Conditions for Human Occupancy," sets forth criteria for thermal comfort that can be consistently achieved in residential, commercial, and institutional buildings. Published by the American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE), this standard aims to define acceptable indoor environmental conditions based on occupant feedback and scientific research.

The 2010 revision introduces updates from previous versions, emphasizing a more comprehensive approach to thermal comfort that considers a broader range of variables and occupant diversity. It integrates both physical environmental parameters and personal factors, providing a holistic framework for designing and evaluating indoor spaces.

Scope and Purpose

The primary goal of ASHRAE 55-2010 is to establish conditions that will satisfy the majority of occupants ? typically at least 80% ? under specified environmental parameters. It serves as a benchmark for assessing existing indoor climates and guiding new building designs, retrofits, and

HVAC system operations.

The document covers various aspects, including temperature, humidity, airflow, clothing insulation, activity levels, and personal control. Its flexible approach allows designers to tailor solutions to diverse building types and occupant needs while maintaining comfort standards.

Key Components and Provisions of ASHRAE 55-2010

Thermal Parameters and Comfort Zone

A core feature of ASHRAE 55-2010 is the definition of the "thermal comfort zone" – the range of environmental conditions where most occupants find the environment acceptable. These parameters include:

- Air Temperature: Typically between 20°C and 24°C (68°F to 75°F), depending on activity level and clothing.
- Mean Radiant Temperature (MRT): Usually within a few degrees of air temperature, accounting for radiant heat exchange.
- Humidity: Relative humidity levels maintained between 30% and 60% to prevent discomfort and mold growth.
- Air Velocity: Generally kept below 0.2 m/s (about 40 ft/min) to prevent drafts.

The standard emphasizes that comfort is multidimensional, influenced by the interaction of these factors.

Metabolic Rate and Clothing Insulation

Recognizing individual differences, ASHRAE 55-2010 incorporates variables such as:

- Metabolic Rate: Ranges from sedentary (e.g., office work) to more active conditions.
- Clothing Insulation: Varies based on clothing ensembles, typically ranging from 0.5 to 1.0 clo.

Adjustments to these parameters allow tailoring of the comfort zone to specific populations or activities.

Adaptive Comfort Model

One of the significant updates in the 2010 version is the expanded discussion on the adaptive comfort model. It reflects the idea that occupants in naturally ventilated or less controlled

environments may accept a broader range of conditions, influenced by their adaptive behaviors and expectations.

This model considers factors such as:

- Outdoor climate
- Building design and operation
- Cultural expectations

It enables practitioners to justify wider comfort ranges in sustainable or naturally ventilated buildings.

Measurement and Evaluation

The standard provides guidance on how to measure environmental parameters accurately and interpret occupant feedback. It advocates for:

- Using calibrated sensors
- Conducting occupant surveys
- Applying statistical methods to assess comfort levels

This comprehensive approach helps ensure that the design or retrofit meets occupant needs effectively.

Features and Strengths of ASHRAE 55-2010

Holistic and Flexible Framework

- Inclusive Parameters: Considers multiple environmental and personal factors.
- Occupant-Centered: Prioritizes human experience over purely technical metrics.
- Adaptability: Incorporates adaptive comfort principles suitable for various building types.

Evidence-Based Approach

- Grounded in extensive research and occupant surveys.
- Uses empirical data to define comfort zones, increasing reliability.

Guidelines for Various Climate Conditions

- Provides adaptable ranges for different outdoor climates.
- Recognizes the role of natural ventilation and occupant control.

Practical Application Guidance

- Offers clear instructions on measurement techniques.
- Supports compliance and certification efforts (e.g., LEED).

Limitations and Challenges of ASHRAE 55-2010

Complexity in Implementation

- Requires detailed environmental monitoring and occupant feedback.
- May be resource-intensive for small or budget-constrained projects.

Subjectivity of Comfort

- Comfort perception varies widely among individuals.
- The standard's 80% acceptance criterion may not suit all stakeholders.

Limited Consideration of Microclimate Effects

- Does not explicitly account for localized variations, such as drafts or radiant asymmetries.
- May need supplementary guidelines for precise control.

Evolving Technologies and Climate Conditions

- Developed before some recent advances in HVAC and building automation.
- Might require updates to address new sustainable practices and climate challenges.

Practical Implications and Use Cases

Building Design and Retrofits

Applying ASHRAE 55-2010 helps architects and engineers design spaces that naturally promote comfort, reduce energy consumption, and improve occupant satisfaction. For example, incorporating

adaptive features like operable windows aligns well with the adaptive comfort model.

HVAC System Optimization

Standards inform HVAC control strategies to maintain environmental parameters within acceptable ranges. Smart systems can dynamically adjust temperatures and airflow based on occupancy patterns.

Indoor Air Quality and Sustainability

While primarily focused on thermal comfort, the standard also complements IAQ strategies, promoting healthier indoor environments and sustainable building practices.

Occupant Satisfaction and Health

Implementing the guidelines can reduce occupant complaints, improve productivity, and potentially lower sick days related to poor indoor conditions.

Conclusion

The ASHRAE 55-2010 PDF remains a critical resource for ensuring thermal comfort in indoor environments. Its comprehensive approach, integrating physical parameters with occupant behavior and preferences, provides a robust framework adaptable to various building scenarios. While it presents some implementation challenges and may require supplementary localized guidelines, its evidence-based foundation and flexibility make it invaluable for architects, engineers, and facility managers committed to creating comfortable, healthy, and energy-efficient indoor spaces. As technology advances and climate patterns shift, ongoing updates and contextual adaptations of this standard will be essential to maintain its relevance and effectiveness.

Question What is the purpose of ASHRAE 55-2010 in building design? ASHRAE 55-2010 provides guidelines and criteria for thermal comfort in indoor environments, ensuring that building interiors are designed to maintain occupant comfort and well-being. Where can I find the official PDF of ASHRAE 55-2010? The official PDF of ASHRAE 55-2010 can be purchased or accessed through the ASHRAE website or authorized distributors who sell standards and technical documents. What are the main updates introduced in ASHRAE 55-2010 compared to previous versions? ASHRAE 55-2010 includes updated criteria for thermal comfort, revised adaptive models, and clearer guidelines on indoor environmental parameters such as temperature, humidity, and air velocity. How does ASHRAE 55-2010 influence building code compliance? Many building codes reference ASHRAE 55-2010 as a standard for thermal comfort, so compliance often involves adhering to its criteria to meet regulatory requirements for indoor environmental quality. Can I use ASHRAE 55-2010 for designing energy-efficient HVAC systems? Yes, ASHRAE 55-2010 helps optimize

HVAC system design by establishing thermal comfort parameters, which can lead to energy-efficient solutions that maintain occupant comfort. What tools or software can assist in applying ASHRAE 55-2010 standards? Software such as HVAC simulation tools, comfort modeling programs, and building management systems often incorporate ASHRAE 55-2010 criteria to assist designers in creating compliant environments. Is ASHRAE 55-2010 applicable worldwide or only in specific regions? While ASHRAE 55-2010 is predominantly used in the United States and regions influenced by ASHRAE standards, its principles are widely recognized and can be adapted for international building design practices.

Related keywords: ASHRAE 55 2010, thermal comfort standards, indoor air quality, ASHRAE guidelines, thermal environment, thermal comfort criteria, ASHRAE 55 PDF, indoor climate, thermal comfort criteria PDF, ASHRAE standards download

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